

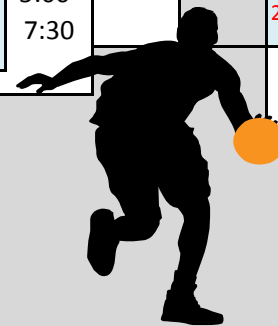


NBRC Gym Schedule

FEBRUARY

1/31/2015

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-8:00	Open Gym 6:00-7:30	Open Gym 6:00-8:00	Open Gym 6:00-7:30	<div>2/21: Gym closes @12:30pm for Dance Setup</div>	
6:30am							
7:00am							
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 8:00-8:45	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 8:00-8:45	Drop-in Fit For Life 7:30-8:30	Open Gym 6:30-8:30	Open Gym 7:30-8:30
8:00am							
8:30am	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Drop-in Pickleball 8:30-10:30	Drop-in Pickleball 8:45-10:30	Open Gym 8:30-10:30	Drop-in GPW 8:30-9:30	Drop-in CoEd Volleyball 8:30-12:30
9:00am							
9:30am							
10:00am	Drop-in Fit For Life 10:30-11:30	Rental 10:30-11:00 2/3 only	Drop-in Fit For Life 10:30-11:30	Open Gym 10:30-1:00	Drop-in Fit For Life 10:30-11:30	Gonzo 9:30-12:00 not	
10:30am							
11:00am	Drop-in Adult Basketball 11:30-1:30	Open Gym 10:30-1:00	Drop-in Adult Basketball 11:30-1:30		Drop-in Adult Basketball 11:30-1:30	Gym-nastics Meet 6:30-7:00 2/7 only	Open Gym
11:30am							
12:00pm							
12:30pm	Drop-in Senior Basketball 1:00-2:30	Drop-in Senior Basketball 1:00-2:30	Open Gym 1:30-4:00	Drop-in Senior Basketball 1:00-2:30	Open Gym 1:30-2:30	Open Gym 9:30-3:00	Gonzo Tennis 1:45-4:15
1:00pm							
1:30pm	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Bball 2:30-5:00	Gonzo 4:00-5:15	Drop-in Youth Basketball 2:30-5:00	Drop-in Youth Basketball 2:30-5:00	Gonzo 3:00-4:30 not	Gym-nastics Meet 12:30-8:00 2/1 only
2:00pm							
2:30pm							
3:00pm	Setup	GPW 5:15-6:00	Setup	Open Gym	BAC Vball 5:15-7:15	Open Gym 4:30-3:00	Vbal Mtng 5:00-7:00 2/8 only
3:30pm							
4:00pm							
4:30pm	Drop-in HIIT 5:30-6:15	Womens Workout 6:00-7:00	Drop-in HIIT 5:30-6:15	GPW 5:30-6:15	Open Gym 5:00-7:30	Open Gym 4:30-3:00	Open Gym
5:00pm							
5:30pm	Takedown		Takedown	Wmns Wrkout 6:00-7:00			
6:00pm							
6:30pm	Open Gym	Vball Mtng 7:00-9:00	Drop-in Adult Basketball 7:00-9:00	Open Gym 7:00-9:30			Open Gym
7:00pm							
7:30pm							
8:00pm	Kickball 7:00-9:30 ends 2/9		Open Gym				
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)